

# *Summer Renewal*

Wild Wellness Retreat

LANGDALE

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## Dinner

### FIRST NIGHT

#### **Port of Lancaster Smoked Tuna**

seaweed, cucumber, watermelon, sesame dressing

#### **Roasted Broccoli Salad (ve)**

kale, radishes, pomegranate, walnuts, blue cheese dressing

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#### **Roasted Aubergine (ve)**

tahini yoghurt, toasted quinoa, pickled carrots & fennel

#### **Grilled Cumbrian Chicken Supreme**

tenderstem broccoli, asparagus, citrus crumb

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#### **Selection of Cheese (v)**

sourdough crackers, grapes, fruit chutney, quince jelly

#### **Raspberry Frangipani (ve)**

### SECOND NIGHT

#### **Salt-Roasted Golden Beets (ve)**

toasted quinoa, pomegranate, pickled hibiscus shallots, watercress

#### **Spring Salad**

young lettuce, cherry tomatoes, cucumber, red onions, lemon herb dressing

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#### **Roasted Cauliflower & Broccoli (ve)**

harissa dressing, hazelnuts, golden raisins, mint

#### **Grilled Sea Bass**

wilted spinach, cherry vine tomatoes, lemon, capers, parsley

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#### **Selection of Cheese (v)**

sourdough crackers, grapes, fruit chutney, quince jelly

#### **Yorkshire Rhubarb Crumble (ve)**

custard

