



LITTLE LANGDALE & SLATER'S BRIDGE.

Start / Finish - Elterwater Village

Distance

6.2 miles

Difficulty

Hard

SUMMARY.

Picture-perfect from every direction, this route is the ideal combination of breathtaking views and well, breathtaking exercise. Including hills, rough tracks and woodland, it's not one for the faint-hearted but it is sure worth it.

ROUTE DESCRIPTION.

1. From Elterwater, cross the bridge heading out of the village and past Elterwater Hostel and then turn next right, following the road uphill and taking the left-hand fork which becomes a rough track snaking through the woods to a gate.
2. Go through the gate and continue on past a farmyard, finally crossing the main road in Little Langdale and continuing on down to Slater's Bridge.
3. After crossing the bridge turn left onto the path and continue on, passing a small footbridge on your left. Continue uphill on the road, leading through the S bend of Stang End and on to High Park.
4. Here, turn left over the cattle grid and then right into the field following the high path down to the main road at Colwith.
5. Turn right on the road for 20 yards then take the track on the left through a small gate.
6. Follow this track until it returns to Skelwith bridge taking the river path back to Elterwater and the Langdale Estate.





LANGDALEACTIVE. {FUELLED BY FRESH AIR}

