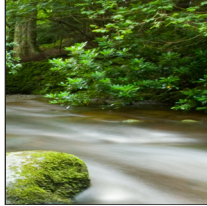
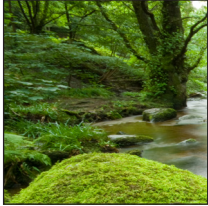


4th May - 13th May 2012

# Welcome



Dear Guest

On behalf of everyone on the Estate, may I welcome you to Langdale. During your stay, I hope you will enjoy using the many facilities on offer.



As you can see from the following pages, there are plenty of opportunities for you to participate in various activities, both here on the Estate and off-site through external companies with whom we work closely. If there is an activity that you would like to participate in, which is not shown, please contact The Spa (ext 555) and we will do our utmost to organise it for you.



If there is anything at all that we may do to further enhance your stay, please contact the Duty Manager via Hotel Reception (ext 0).

**Gavin Lee**  
Hotel Manager





## Purdey's Restaurant & Bar

Guided by the hand of experienced Executive Chef, Graham Harrower, the menus in Purdey's boast stylish and imaginative modern British dishes. An extensive wine list accompanies and complements the food.

### Tasting and A la Carte Menus Available

Call 580 to book your table

Purdey's



### Purdey's Cooking Demonstration

Join us on Thursday mornings as one of our talented Purdey's Chefs demonstrates cooking one of their favourite dishes. Learn the tips and secrets of the professionals ...

After the demonstration, sit down for a 2-course lunch, including the demonstrated dish and a glass of wine for £17.50 per person.

Limited spaces. Booking essential.



Hobson's Bar

Hobson's modern design contrasts with the splendid view of the historic waterwheel and waterfall, which this hidden gem overlooks ...

### Menu

Hobson's Bar Menu is sourced, where possible, from the surrounding countryside where there are many excellent suppliers of the finest fresh ingredients.

Don't worry if you're spoilt for choice with the new menu, try the 'Taste of Hobson's' option and enjoy a miniature portion of your favourites ...



Call 588 for details





## Wainwrights' Inn

A traditional Lakeland Pub with open fires and real ales. Only a short walk from the Estate, Wainwrights' is well-known for its hospitality and good food, and is regularly featured in the Good Beer Guide.

### Lamb Special - Sunday to Thursday

Braised Lamb Shank, New Potatoes, Chantenay Carrots, Neeps, Peas. Includes a FREE glass of House Wine!

£13.50 per person

### Traditional Sunday Roast

Every Sunday from 12pm. £9.95 per person

Call 588 for details



## the Terrace

### Terrace Breakfast Available

Breakfast available from between 9am-12pm

Booking appreciated

### FREE Internet Access

Free PC's for your convenience or log onto our WiFi network.

Call 551 for details

Overlooking the superb pool and Spa with a comfortable lounge area. Provides a relaxed social venue where you can enjoy drinks and food. All major sporting events are shown on the big screen television.



Friday	Saturday	Sunday	Monday	Tuesday
4th May	5th May	6th May	7th May	8th May
12.30pm-1.30pm <b>Swimfit</b> Exercise class in the Pool. Adults Only  £4.50	<b>Table Tennis Available</b> Enquire at The Club Desk	10.30am <b>Church Service</b> Holy Trinity Church, Chapel Stile	6.00pm - 7.00pm (finish time varies) <b>Boot Camp</b> High impact extreme workout for the whole body. Not for the faint hearted.  12 week course	11.00am <b>Mums &amp; Babes</b> Toys & Floats in The Pool. Fun for the little ones!  Free to residents
		12 noon onwards <b>Wainwrights Sunday Lunch</b> Traditional Sunday Roast Special.  £4.50	7.30pm - 8.30pm <b>Spinning</b> Intense cardio workout, taking you on a journey over various terrains.  £4.50	6.00pm - 7.00pm <b>ZUMBA FITNESS®</b> High energy, fast pace Latin rhythms and moves.  £4.50
				7.15pm - 8.15pm <b>AquaZumba®</b> Water based exercises to improve technique, speed and stamina.  £4.50

### Daily On-Site Activities:

**Table Tennis** - Free

**Pool** - £1.00 per game

**Wii Lounge** - £4 p/h (£50 deposit)

**Tennis** - £4 p/h

**DVD Hire** - £3.55

**Tennis Coaching** - £20 p/h

**Swimming Lessons** - £12.50 30min

Wednesday	Thursday	Friday	Saturday	Sunday
<b>9th May</b>	<b>10th May</b>	<b>11th May</b>	<b>12th May</b>	<b>13th May</b>
9.30am - 10.30am <b>ZUMBA FITNESS®</b> High energy, fast pace Latin rhythms and moves.  £4.50	11.30am <b>Purdey's Cooking Demonstration</b> Learn the tips and secrets of the professionals ... Lunch at 1.00pm. Booking Essential. Limited Spaces £17.50	12.30pm-1.30pm <b>Swimfit</b> Exercise class in the Pool. Adults Only £4.50	<b>Table Tennis Available</b> Enquire at The Club Desk	10.30am <b>Church Service</b> Holy Trinity Church, Chapel Stile
4.00pm - 5.00pm <b>bareMinerals Masterclass</b> Demonstrations and advice on make-up. Booking essential.  FREE	7.15pm - 8.15pm <b>AquaZumba®</b> Water based exercises to improve technique, speed and stamina. £4.50			12 noon onwards <b>Wainwrights' Sunday Lunch</b> Traditional Sunday Roast Special, using the finest local ingredients. £9.95
6.00pm - 7.00pm <b>Spinning</b> Intense cardio workout, taking you on a journey over various terrains. £4.50				
9.00pm <b>Quiz Night</b> At Wainwrights' Inn				

**bareMinerals**  
**Master Class**


Treat yourself to a sprinkling of colour,  
at the bareMinerals Master class. Advice,  
Demonstrations and Education in the  
application of 100% bareMinerals Make Up.

**FREE**

Wednesdays  
4.00pm - 5.00pm

In the Exercise Studio  
in The Spa

Booking Essential

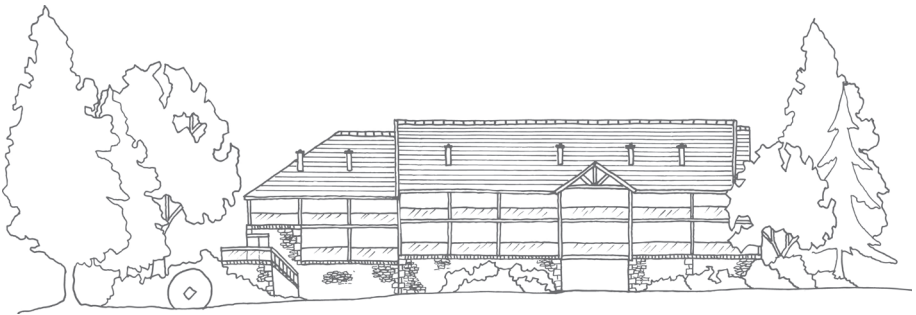


All Langdale activities must be booked in advance with - The Spa ext 555  
Highpoint Activities must be booked direct - 07970138591  
We reserve the right to amend or cancel activities without prior notice

**PLEASE NOTE -** When using the Spa you will need a £1 coin for the lockers in the  
changing rooms.

# brimstone<sup>16</sup>

## Arriving 2013.



Brimstone is a collection of 16 stunning new suites at Langdale, housed in their own building with private car parking and reception they will be like nothing else in the Lake District and beyond. Each suite will boast:

- Stunning contemporary interior
- The highest quality furnishing and décor
- Cutting edge technology
- Full size balcony
- Concierge service
- In room dining options
- In room (or on balcony) spa treatments
- Private entrance
- Exciting and unusual bathing experiences
- Sustainable energy use

Opening in March 2013 bookings will soon be taken for next spring and beyond.

[brimstonehotel.co.uk](http://brimstonehotel.co.uk)

*the Spa*

ANNE SEMONIN  
PARIS

May - The month of Anne Semonin

**FREE Anne Semonin Facial\***

\*Purchase the Anne Semonin Botanical Milk (£33 for 125ml) and the Botanical Toner (£37 for 200ml) and receive a complimentary 'Anne Semonin Made-To-Measure Facial' worth £64



For full details call ext: 553

Upgrades available. Subject to availability  
Offer expires May 31st 2012

## Opening Times & Contact Numbers

### Purdey's Restaurant - ext 580

Breakfast:	Monday - Sunday	8.00am to 10.00am
Dinner:	Monday - Sunday	6.00pm to 9.30pm

### Hobson's Bar - ext 584

Drinks served:	Monday - Sunday	12.00pm to late
Food served:	Monday - Sunday	12.00pm to 10.00pm

### The Terrace Restaurant - ext 551

Breakfast:	Monday - Sunday	9.00am to 12.00pm
Lunch:	Monday - Sunday	12.00pm to 5.30pm
Dinner:	Monday - Sunday	5.30pm to 9.30pm
Drinks served:	Monday - Sunday	9.00am to 10.00pm
Take Away Menu:	Monday - Sunday	5.30pm to 9.30pm

### Wainwrights' Inn - ext 588

Drinks Served:	Monday - Saturday: Sunday:	11.30am to 11.00pm 12noon to 11.00pm
Food Served:	Daily:	12noon to 5.00pm & 6.00pm to 9.30pm

### The Spa Facilities - ext 555

Open:	Monday - Saturday Sunday	7.00am to 10.30pm 7.00am to 10.00pm
Adult Only:	Monday - Saturday Sunday	7.00am to 8.30am & 9.00pm to 10.30pm 7.00am to 8.30am & 9.00pm to 10.00pm

Please note: Last admittance 3/4 hour before closing  
Children under 15 must be supervised at all times by an adult.  
The pool is closed on Thursday during term time from 2.00pm to 3.30pm for Langdale School swimming.

### The Spa Therapies - ext 553

Open:	Monday - Friday Saturday - Sunday	8.00am to 9.00pm 9.00am to 6.00pm
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Please note: Booking is advisable for all appointments

**PLEASE NOTE - When using the Spa you will need a £1 coin for the lockers in the changing rooms.**