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**BEST FOR
RELAXATION**

LUXE IT UP IN THE LAKES

Make this the Christmas you start off relaxed with a pamper day at the four-star Langdale Hotel & Spa, near Ambleside. At just £69, you can afford a sleepover too.

CHECK IN The warm, country club atmosphere of this woodland estate hotel spreads beyond the spa. Contemporary bedrooms have super-comfy beds with crisp linens, from £59.50pp, including breakfast (01539 438 053; www.langdale.co.uk).

GET GIRLY A choice of Anne Semonin and Elemis therapies is the highlight of the spa day – the Sea Salt With Aromatic Oil Wrap And Scrub will revitalise tired-looking skin. Then kick back in the 20m pool and thermal suite.

CHIC EATS Lunch is part of the deal. Indulge in a sharing plate of profiterole, brownie and honeycomb sundae, £9.50, by a crackling fire at nearby Wainwrights' Inn.

FIND OUT MORE www.golakes.co.uk